

Junior Preliminary Skills Assessment – 09/10 Season

	Preliminary Skills Evaluation	Competition Skills Evaluation	Surf Education
Under 6	Nil (shallow water activities only)	Nil (no competition)	Surf Play One
Under 7	Nil (shallow water activities only)	Nil (no competition)	Surf Play Two
Under 8	25 metre swim (any stroke) 1 minute survival float	Nil (no water competition, except for wade which takes place in waist deep water)	Surf Aware One
Under 9	25 metre swim (any stroke) 1 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Aware Two
Under 10	25 metre swim (freestyle) 1.5 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Safe One
Under 11	50 metre swim (freestyle) 2 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Safe Two
Under 12	100 metre swim (freestyle) 2 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart One
Under 13	150 metre swim (freestyle) 3 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart Two
Under 14	200 metre swim (freestyle, in less than 5 minutes) 3 minute survival float	Minimum 288m open water swim (competition course as per competition manual)	SRC *
Assessors	Age Manager Level 1 Coach Level 1 Official Training Officer (SRC/Bronze) Assessor (SRC/Bronze) (* Assessment of SRC can only be completed by an approved Assessor)		
Notes	Every junior member is required to participate in this evaluation, conducted by the club, prior to any junior water activity training or competition being undertaken.	The competition evaluation must be achieved before being eligible to compete. This is a minimum standard water proficiency requirement.	The relevant age Surf Education award must be completed each year prior to 31 December