

PROFICIENCY DATES – TOOWOON BAY SLSC

Three Sundays have been set for proficiency re-qualifications

SUNDAY 18 OCTOBER 2009

SUNDAY 1 NOVEMBER 2009

SUNDAY 15 NOVEMBER 2009

**On the First Weekend of Patrols
3, 4, 5 October 2009, there
will be a 'refresher course' so
you can go through theory, do
some scenarios and practice run/swim/run**